



International Theatre Festival and Meeting

TRANSIT III

Theatre - Women – Generations

18-28 January 2001

WORKSHOPS INFORMATION

Wind and Rocks

led by Sandra Pasini and Ana Woolf

19,20,21,22 January from 9.00 a.m. to 1.00 p.m.

The workshop will approach actors' physical and vocal training using experiences from different cultures, like the Wind Dance and Japanese stamping. The work will start from basic technical principles to arrive to a theatre language, through the experience of building actors' own material. Iben Nagel Rasmussen developed the Wind Dance with her pupils of Vindernes Bro focusing on energy and rhythm and on the counter-impulse of jumps. Sandra Pasini is actor and director of Teatret Om since 1989 and has been part of Iben's group since the beginning. The stamping is taken from Tadashi Suzuki's technique called "the grammar of the feet". This form of training focuses on a precise and linear relationship between the performer and the space, to develop the awareness of the body moving as a unit in different spatial levels and directions. Exercises are repeated to reach the centre of energy and then find the way of rebuilding it again. Ana Woolf has worked for many years with this technique and is one of the founders of Magdalena Second Generation in Argentina. The participants should bring a song, a costume, and an object from their country.

Singing and Speaking Voices

led by Brigitte Cirla and Julia Varley

19,20,21,22 January from 9.00 a.m. to 1.00 p.m.

The work on the voice embraces the breath, the body and its roots, the sound and its undulating vibrations. The workshop will explore all these aspects a little, transported by the pleasure of singing together to create a shared repertory that uses traditional songs as a starting point. Another part of the workshop will concentrate on the unity of the physical and vocal impulses, and of the text and action, to create a bridge between the singing and speaking voices. Julia and Brigitte are both associates of the Magdalena Project long time. Julia is a performer with Odin Teatret since 1977 and Brigitte is a singer and performer who founded the group Les Dissonantes. The participants should bring a song and a text by heart on the theme of "generations".

Life behind a Mask

led by Deborah Hunt and Marie Josée Ordener
19,20,21,22 January from 2.00 p.m. to 6.00 p.m.

During the workshop each participant will choose one out of a collection of twenty new masks brought by Deborah. The participants will then construct a history and environment for their mask, drawing on their own life stories or inventing. This work will be integrated by the building of puppets and portable puppet booths as an interior world of the masks. Individual scenes will be created that will become part of a collective choreography so as to construct a final presentation of the work created during the workshop. The themes will emerge from the work itself. Deborah's experience of working with human sized masks in the streets and shopwindows of Puertorico and New Zealand will connect to Marie-Josée's experience of teaching the craft of puppeteers to unemployed young people in the south of France, to invent new individual situations and techniques for each participant.

Performing Words

led by Gilly Adams and Geddy Aniksdal
19,20,21,22 January from 2.00 p.m. to 6.00 p.m.

This workshop for performers who work with text will treat the text as the "tip of an iceberg" and commit to a rigorous exploration of the thoughts and emotions which inform the words as well as examining the character of the voice which is being expressed. This textual analysis will be balanced by imaginative physical work designed to develop and play with the connection between the language of the body and spoken language. Gilly Adams and Geddy Aniksdal are both long time associates of the Magdalena Project. Geddy is a performer and director with Grenland Friteater and Gilly is a director who has specialised in work with dramatists.